

SENIOR SERVICES PROGRAM (Presentation & Special Programs)

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Basic Computer Skills Every Tuesday English & Chinese (Mr. Su) 12:30-2:00PM 	2 Food Pantry Distribution Every Wednesday 2:15-3:15PM 	3 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	4 The Art of Crochet (Every Friday) (Volunteer Marilyn) 1:00-3:00PM 	5 Music & Motion 10am-11am AB&Line Dancing 11-12PM Every Saturday (Caroline or Allen)  
7 ECC CENTER CLOSED LABOR DAY  Sorry, We're CLOSED	8 Basic Computer Skills Every Tuesday English & Chinese (Mr. Su) 12:30-2:00PM 	9 Stress Buster Every 2 nd Wednesday 10:20-11:00AM 	10 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	11 Mid-Autumn Festival Party (Moon Cake & Tea Time) 11:00 AM 	12 Music & Motion 10am-11am AB&Line Dancing 11-12PM Every Saturday (Caroline or Allen)  
14 Food Box Distribution 1 st Day for pick up 12:00-3:00PM 	15 Basic Computer Skills Every Tuesday English & Chinese (Mr. Su) 12:30-2:00PM 	16 Food Pantry Distribution Every Wednesday 2:15-3:15PM 	Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	18 The Art of Crochet (Every Friday) (Volunteer Marilyn) 1:00-3:00PM 	19 Music & Motion 10am-11am AB&Line Dancing 11-12pm Every Saturday (Caroline or Allen)  
20 SUNDAY 09/20/26  FIESTA on the Hill Event 10 AM-4 PM 515 Cortland Ave	22 Basic Computer Skills Every Tuesday English & Chinese (Mr. Su) 12:30-2:00PM 	23 Food Pantry Distribution Every Wednesday 2:15-3:15PM 	24 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	25  Birthday Party Celebration 09/25/2026 11:00 AM	26 Music & Motion 10am-11am AB&Line Dancing 11-12pm Every Saturday (Caroline or Allen)  
21 Zumba Class (Jenny) 1:00 PM-2:00PM 					
28 	29 Food Box Distribution Last Day for pick up 12:00-3:00PM 	30 Food Pantry Distribution Every Wednesday 2:15-3:15PM 			

Eligibility: Older Adults (60+) & Adults with Disabilities (18-59) These programs serving the community are funded by the City of San Francisco's Department of Disability and Aging Services