

CENTRO LATINO de SAN FRANCISCO

EST. 1985

Community inspired nutrition and supportive services



SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

1656 15th St. SF, CA 94103

For more information 415-861-8758

April 2026

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		<p>Chicken Tortilla Soup¹ Chicken, Carrot and Zucchini Tortilla Chips and Cilantro Melon Cup</p>	<p>Spinach Souffle² Cheese, Eggs, Spinach and Zucchini Brown Rice Lettuce & three Beans Salad Peach Cup</p>	<p>Tuna Sandwich³ Sausage Chicken Lentil soup WW Bread Slice (2) Mandarin Cup</p>	
<p>Pulled Pork⁶ Roasted Potatoes Quinoa with Peas and Carrots WW Roll Apple Sauce</p>	<p>Grilled Fish with Garlic & Spices⁷ Sweet Potatoes Pickled Cabbage Tropical Fruit Cup</p>	<p>Beef Soup⁸ Beef, Carrots, Cabbage, Potatoes with Corn on the Cobb Corn Tortilla (2) Melon Cup</p>	<p>Chicken Alfredo Pasta Bake⁹ Chicken Breast and Parmesan Cheese, Rotini Pasta with Olive oil, Dried Basil, Steamed broccoli Lemon Jello</p>	<p>Spinach Souffle¹⁰ Cheese, Eggs, Spinach and Zucchini Brown Rice Lettuce & three Beans Salad Peach Cup</p>	
<p>Black Bean Tostadas with Chicken¹³ Black beans, Shredded romaine, tomatoes, fresh cilantro Apple Slices W/light agave Syrup</p>	<p>Pork in Green Sauce¹⁴ Black Beans Brown Rice Melon Cup</p>	<p>Meatloaf¹⁵ Mashed Potatoes Steamed Green Beans and Yellow Squash WW Bread Lime Jello/Orange</p>	<p>Italian White Bean Soup¹⁶ With Chicken Sausage Corn Tortillas (2) Peach Cup</p>	<p>Grilled Fish with Garlic & Spices¹⁷ Sweet Potatoes Pickled Cabbage Tropical Fruit Cup</p>	
<p>Grilled Chicken²⁰ Roasted Potatoes Steamed Corn WW Roll or Bread Peach Cup</p>	<p>Roasted Veggie & Pesto Sandwich²¹ melted low fat mozzarella, fresh arugula & basil pesto Carrot & Zucchini Soup WW Bread Slice (2) Raspberry Jello</p>	<p>Mexican Casserole²² Ground Beef, Tortilla, Corn and Cheese Black Beans Pico de Gallo Lemon Jello/Orange</p>	<p>Grilled Fish with Garlic & Spices²³ Sweet Potatoes Pickled Cabbage Tropical Fruit Cup</p>	<p>Meatballs Soup²⁴ Carrots, Diced Celery, Yellow Squash and tomato Corn Tortillas (2) Banana</p>	
<p>Egg Fried Rice²⁷ Seasonal Vegetable, Brown Rice Fresh Steamed Broccoli Peach Cup</p>	<p>Beef Chili²⁸ Ground Beef with Beans, Celery in tomato paste Collared Greens and Corn Bread Tropical Fruit Cup</p>	<p>Pulled Pork²⁹ Roasted Potatoes Quinoa with Peas and Carrots WW Roll Apple Sauce</p>	<p>Minestrone Chicken Soup³⁰ Chicken, Carrot, green, beans, pasta, celery, tomato, zucchini Oyster Cracker Melon or Fresh Fruit</p>	<p>Made fresh daily:</p> <ul style="list-style-type: none"> • Aguas Frescas (Juices made with fresh fruit) • Freshly made salad dressings <p>Prepared by CLSF Staff: Yulissa</p>	

****CLSF menu items may contain major food allergens. Please check-in with staff regarding menu item components.****

****Some food items may not be available and a substitution may need to be made.****

This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services.