

CENTRO LATINO de SAN FRANCISCO

EST. 1985

Community inspired nutrition and supportive services



SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability and Aging Services

1656 15th St. SF, CA 94103

For more information 415-861-8758

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	<p>Made fresh daily:</p> <ul style="list-style-type: none"> Aguas Frescas (Juices made with fresh fruit) Freshly made salad dressings <p>Prepared by CLSF Staff: Yulissa</p>			<p>Beef Tostada ¹</p> <p>Beef, lettuce, Tomato and Cheese, Pinto Beans WW Corn Tostada (2) Orange</p>	<p>²</p>
<p>WW/Spaghetti with Meat Red Bell Pepper Sauce ⁴</p> <p>Spinach & Orange Salad Pineapple Cup</p>	<p>Chicken Paella ⁵</p> <p>Chicken Sausage, WW/Brown Rice and Saffron Seasoning, Cucumber and tomato Salad Peach Cup</p>	<p>Grilled Fish Tacos ⁶</p> <p>Corn, Tomato, Onions and cilantro relish, Col Slaw Corn Tortilla (2) Banana</p>	<p>Pork Posole ⁷</p> <p>Pork, Hominy, Mild Red and Green Chile Cabbage, Radish, Onion Corn Tostadas (2) Pineapple Cup</p>	<p>Hamburger Patty with Bun ⁸</p> <p>and lettuce, tomato, Onions and Cheese Potatoes Salad Melon Slices</p>	<p>⁹</p>
<p>Pesto Chicken Penne Pasta ¹¹</p> <p>Spring Mix Salad with Cherry Tomatoes Fresh Fruit in Season</p>	<p>Tuna Sandwich ¹²</p> <p>Sausage Chicken Lentil soup WW Bread Slice (2) Mandarin Cup</p>	<p>Chicken Tortilla Soup ¹³</p> <p>Chicken, Carrot and Zucchini Tortilla Chips and Cilantro Melon Cup</p>	<p>Pork in Green Sauce ¹⁴</p> <p>Black Beans Brown Rice Melon Cup</p>	<p>Grilled Fish Tostadas ¹⁵</p> <p>Corn, Tomato, Onions and cilantro relish, Col Slaw Corn Tostada (2) Banana</p>	<p>¹⁶</p>
<p>Pulled Pork ¹⁸</p> <p>Roasted Potatoes Quinoa with Peas and Carrots WW Roll Apple Sauce</p>	<p>Grilled Fish with Garlic & Spices ¹⁹</p> <p>Sweet Potatoes Pickled Cabbage Tropical Fruit Cup</p>	<p>Beef Soup ²⁰</p> <p>Beef, Carrots, Cabbage, Potatoes with Corn on the Cobb Corn Tortilla (2) Melon Cup</p>	<p>Chicken Alfredo Pasta Bake ²¹</p> <p>Chicken Breast and Parmesan Cheese, Rotini Pasta with Olive oil, Dried Basil, Steamed broccoli Lemon Jello</p>	<p>Spinach Souffle ²²</p> <p>Cheese, Eggs, Spinach and Zucchini Brown Rice Lettuce & three Beans Salad Peach Cup</p>	<p>²³</p>
<p>²⁵</p> <p>CLOSED</p> <p>MEMORIAL DAY</p>	<p>²⁶</p> <p>Pork in Green Sauce</p> <p>Black Beans Brown Rice Melon Cup</p>	<p>²⁷</p> <p>Meatloaf</p> <p>Mashed Potatoes Steamed Green Beans and Yellow Squash WW Bread Lime Jello/Orange</p>	<p>²⁸</p> <p>Italian White Bean Soup</p> <p>With</p> <p>Chicken Sausage Corn Tortillas (2) Peach Cup</p>	<p>²⁹</p> <p>Grilled Fish with Garlic & Spices</p> <p>Brown Rice Pickled Cabbage Tropical Fruit Cup</p>	<p>³⁰</p>

****CLSF menu items may contain major food allergens. Please check-in with staff regarding menu item components.****

****Some food items may not be available and a substitution may need to be made.****

This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services.