







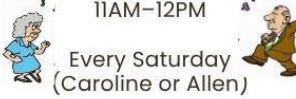




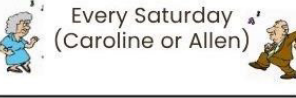






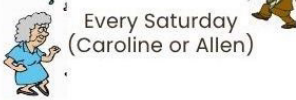




















APRIL 2026

SENIOR SERVICES PROGRAM (Presentation & Special Programs)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 		1 Food Pantry Distribution Every Wednesday 2:15-3:15PM 	2 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	3 The Art of Crochet (Every Friday) (Volunteer Marilyn) 12:30-2:30PM  	4 Music & Motion 10am-11am AB&Line Dancing 11AM-12PM Every Saturday (Caroline or Allen) 
6 Basic Computer Skills (Every Monday & Tuesday) Spanish & English Miguel 9:00AM-5:00PM 	7 Basic Computer Skills (Every Monday & Tuesday) Spanish & English Miguel 9:00AM-5:00PM Diabetes Empowerment Education Program Workshop (On Lok) class #6 1:00-3:00 PM ON LOK 	8 Stress Buster Every 2 nd Wednesday 10:20-11:00AM	9 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	10 The Art of Crochet (Every Friday) (Volunteer Marilyn) 12:30-2:30PM  	11 Music & Motion 10am-11am AB&Line Dancing 11AM-12PM Every Saturday (Caroline or Allen) 
13 Zumba Class Every 2nd & 4th Monday (Jenny) 1:00 - 2:00PM  Food Box Distribution 1 st Day for pick up up 11:30am-2:00pm 	14 Juicing Class 10:00-11:00AM Edwin 	15 Food Pantry Distribution Every Wednesday 2:15-3:15PM 	16 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	17 Easter Party Celebration 11:00 AM 	18 Music & Motion 10am-11am AB&Line Dancing 11am-12pm Every Saturday (Caroline or Allen) 
20 National Prescription Drug Take Back Month 04/20 to 04/25 Drop off medicine 9:00 AM - 2:00 PM 	21 Basic Computer Skills (Every Monday & Tuesday) Spanish & English Miguel 9:00AM-5:00PM  Basic Computer Skills (Every Tuesday) English & Chinese (Mr. Liang) 12:30Pm-2:00PM 	22 Food Pantry Distribution Every Wednesday 2:15-3:15PM  	23 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	24 Birthday Party Celebration 04/24/2026 11:00 AM  	25 Earth Day Event at Alemany Farms 04/25/2026 11:00 AM-3:00PM 
27 Zumba Class Every 2nd & 4th Monday (Jenny) 1:00 -2:00 PM 	28 Juicing Class 10:00-11:00AM Edwin Food Box Distribution Last Day for pick up 11:30am-2pm  	29 Food Pantry Distribution Every Wednesday 2:15-3:15PM 	30 Chinese Calligraphy Class & Traditional Painting (Chinese teacher Li) Every Thursday 1:00-2:30PM  	HAPPY Easter 	

Eligibility: Older Adults (60+) & Adults with Disabilities (18-59)

