

Homework Hour

This program provides homework and tutoring support.

Mondays, 4:30-5:30pm

To register, contact Anahita Modaresi
(415)206-2140 x153
amodaresi@bhnc.org



Love and The City

This girls group runs once weekly at Denman Middle School and is focused on healthy-relationships, how to deal when your line is crossed and increasing self-esteem.

To register, contact Claudia Wallen
(415) 206-2140 x169
cwallen@bhnc.org



MYEEP

Mayor's Youth Employment and Education Program

Youth ages 14-15 receive job readiness training, employment opportunities, academic support, and personal development. Youth are then provided stipend-based positions in different sectors such as non-profit, and government worksites.

For OMI MYEEP contact Ailed Paningbatan
(415) 206-2140 x130 | apaningbatan@bhnc.org

For Bernal Heights MYEEP contact Lori Tran
(415) 206-2140 x143 | ltran@bhnc.org



BHNC's

Excelsior Community

Center

Youth Programs

**4468 Mission Street,
San Francisco, CA 94112**



Excelsior Community Center is a program site of:



Questions? Contact Anahita Modaresi
Director of Youth and Employment Services
amodaresi@bhnc.org or (415) 206-2140 x153



Y.E.S. Program

The Youth Employment Services Program is a job readiness and work placement program for youth ages 16-24. Learn to do your resume, how to ace interviews, develop work experience, and more! Youth on probation, in foster care, and teen parents are encouraged to participate.

**Tuesdays and Every Other Thursday
4:30-6:30pm**

To register, contact Rica Rice
(415) 206-2140 x139
rrice@bhnc.org

Phat Hip Hop

This 6-week program on uses hip-hop culture to getting youth to eat healthier and be more active. All youth in this program must also attend Breaking Bread on Thursdays.

Mondays, 5:30-6:30pm

To register, contact Rica Rice
(415) 206-2140 x139
rrice@bhnc.org

Case Management

This program provides wrap-around services that help at-risk youth ages 13-24 achieve their short and long-term goals. Case Managers provide advocacy, linkage to resources, counseling, job placement, and support.

To register, contact Anahita Modaresi
(415) 206-2140 x153
amodaresi@bhnc.org



Excelsior Food Pantry and Breaking Bread

Prepare delicious dishes and eat them too! Youth and seniors run a food distribution service for over 450 families **(Wed, 1-5)**. Youth cook ingredients from the Food Pantry and create a customer service manual based on the lessons they are learning.

Every Other Thursday, 4:30-6:30pm

To register, contact Rica Rice at
(415) 206-2140 x139
rrice@bhnc.org



Movements

In Movements, youth learn basic photography techniques and become visual storytellers and social change makers. There will be a culminating exhibition of work and possible publication in the New Bernal Journal. Youth also organize and photodocument events with city officials, community members and youth.

Tuesdays, 4:30-6:30pm

To register, contact Leah Weitz
(415) 206-2140 x155
lweitz@bhnc.org